



## Puploaf Recipe

### Ingredients:

1 pound ground beef (85% lean or higher)

1 pound ground turkey

2 eggs

1 cup Honest Kitchen Preference base mix

### Directions:

1. Preheat oven to 350°
2. Mix ground beef with ground turkey
3. Add 2 eggs to meat and mix well
4. Mix Honest Kitchen Preference base mix with hot water as directed on package and let sit for 5 minutes.
5. Mix meat and egg mixture with Honest Kitchen mixture
6. Lightly grease 1 to 2 loaf pans with olive oil
7. Fill loaf pans as you would for a meatloaf

Bake at 350° for 45 minutes to 1 hour, depending on the size of your pan(s)

When cool, remove loaf from pan and cut into slices. Keep slices in refrigerator or freezer until ready to feed. Warm the puploaf before feeding.

Feed 4 ounces per 10 pounds of body weight twice daily

If needed, add probiotics and digestive enzymes at the time of feeding